

Safeguarding Adults - Level 1

Introduction

The course will give you the skills and knowledge required to identify and respond to concerns, disclosures and allegations of abuse and substandard practice.

The course will also enable you to learn about prevention and proportionate interventions, and the dangers of risk adverse practice and the importance of upholding human rights.

This course complies with Level 1 Social Care and Levels 1 & 2 Healthcare.



Audience

This course is intended for:

- Those in regular or intensive but irregular contact with adults at risk
- Those who work predominantly with adults at risk
- Those who have particular specialist adult safeguarding responsibilities
- Professional advisers and designated leads for adult safeguarding
- Members of Local Safeguarding Adults Boards

Objectives

This course will enable you to:

- Understand what is meant by adult safeguarding
- Learn the aims and principles of adult safeguarding
- Learn about 'person-centred' and 'outcomes-focused' safeguarding practice
- Know what is meant by abuse and who is at risk
- Know why a person might abuse another
- Learn when abuse is more likely to happen
- Know the different types of abuse and neglect
- Understand the importance of balancing safeguarding with empowerment
- Learn what you should do if you suspect abuse or neglect
- Know how to respond to a disclosure
- Learn what to do in an emergency
- Understand the importance of good record keeping
- Understand the principles of the Mental Capacity Act and 'Deprivation of Liberty Safeguards'

Modules

This course contains the following modules:

Module name

What is Adult Safeguarding?
What is Abuse and Neglect?
Recognising Abuse and Neglect
Responding to concerns
Safeguarding and Mental Capacity

Content

Here are some of the topics covered in this course:

The Care Act - legal duties; What is 'Safeguarding'?; Advocating safety measures; Aims of adult safeguarding; What approach should be taken?; Six principles that underpin safeguarding work; Person-centred responses; Making Safeguarding Personal; Who are we safeguarding?; What is abuse?; Where does abuse occur?; Who is particularly at risk?; Why do people abuse others?; The five types of abuser; Do people always know that they are being abused?; Patterns of abuse; Physical Abuse; Sexual abuse; Signs of sexual abuse; Psychological (emotional) abuse; Signs of emotional abuse; Financial or material abuse; Managing a person's benefits; Domestic violence; Modern slavery; Discriminatory abuse; Organisational abuse; Neglect and acts of omission; Self-neglect; Keeping good records; Is it ok to ask questions?; It is not your role to investigate; Can you promise confidentiality?; Appropriate and inappropriate responses; Assessing seriousness; What to do in an emergency; Can you determine abuse?; Is consent required?; Referring to Adult Social Care; Whistleblowing

